

A La Carte Menu

Bar Snacks & Sharing

White Bloomer Bread Basket

From the Rockstar bakery in Greenwich, served with hand whipped butter £2.95

Home Made Pork Scratchings (GF)

£7.50

Pork & Leek Scotch

Egg Spiced parsnip relish £7.95

British Cheese Board

Each £5.95 Three £15.75

Sharing Platter

Ham hock terrine, pigs in blankets, battered cod fingers, British cheeses & 'Rockstar' bloomer bread £21.95

Starters

Pan Seared North Atlantic Scallops

Cauliflower purée & toasted hazelnut crumb £14.95

Smoked Salmon

Cornichons, dill butter & bloomer bread £14.95

Colchester Rock Oysters (GF)

each ½ dozen £3.95

£22.95

£33.95

The Stablehand's Warm Autumnal Salad (VG, GF)

Squash, beetroot, broccoli, cauliflower & spinach, served with seasonal dressing Small £9.95 / Large £13.95

Free Range Chicken Autumnal Salad (GF)

Squash, beetroot, broccoli, cauliflower & spinach, served with seasonal dressing Small £13.95 / Large £19.95

Deep Fried Crumbed Sussex Brie (V)

Seasonal red berry sauce £11.95

Ham Hock & Parsley Terrine

Apple and date chutney & seeded crackers £12.95

Soup of the Day (VG, GF)

Please ask the server £9.95

Mains

Chalk Stream Trout

Fresh from Billingsgate fish market. Mashed potatoes & white wine cream sauce £24.95

Fish & Chips

Beer battered Atlantic cod, mushy peas & tartare sauce £19.95

Bangers & Mash

Cumberland pork sausages, mashed potatoes & onion gravy £18.95

Slow Roasted Lamb Shoulder

Mashed potatoes & onion gravy £23.95

Charred Grass-Fed 10oz Scottish Ribeye

Aged 28 days, chips & watercress £32.95 Add peppercorn sauce +£2.95

Bubble & Squeak (V)

Maris Piper mashed potato, buttered cabbage, soft egg & vegetable gravy £17.95 Vegan option available

Sunday Roast

Roast beef, chicken or roasted pork belly served with roast potatoes, Yorkshire pudding, seasonal vegetables & gravy Nut Roast also available £24.95

(Only available on Sundays)

Home-made Stablehand Pies

£18.95 each

Steak & Kidney Pie Fish Pie Chicken, Mushroom & Leek Pie Served with the seasonal veg of the day

Sides

£5.50

Seasonal Veg of the Day (V) Thick Cut British Chips **Mashed Potatoes** Green Salad with House Dressing (V)

Desserts

Bread & Butter Pudding (V)

Vanilla ice cream & custard £8.95

Winter Mess (V)

Seasonal fruit £7.95

Bramley Apple Crumble (V)

Vanilla ice cream £8.50

Honeyed Conference Pear Cake (V)

Custard £8.50

Sticky Toffee Pudding (V)

Vanilla ice cream & toffee sauce £8.50

Selection of Ice Creams (V)

1 scoop £2.75 / 3 scoops £7.95

(V) Vegetarian. (VG) Vegan. (GF) Gluten-free. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. All of our dishes may contain traces of nuts. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens.

The Stablehand sources its ingredients from British farmers and suppliers. From time to time, items may have to be substituted from a different region than such stated on the