

# A La Carte Menu

## **Bar Snacks & Sharing**

#### White Bloomer Bread Basket

From the Rockstar bakery in Greenwich, served with hand whipped butter £3.95

### **Home Made Pork** Scratchings (GF)

£7.50

## Macsween's Haggis **Scotch Egg**

Spiced parsnip relish £7.50

#### **British Cheese Board**

*Each* £4.95 Three £14.50

### **Sharing Platter**

Ham hock terrine, pigs in blankets, battered cod fingers, British cheeses & 'Rockstar' bloomer bread £21.95

#### **Starters**

#### Pan Seared North Atlantic Scallops

Cauliflower purée & toasted hazelnut crumb £14.95

### **Prawn Cocktail**

Marie Rose sauce £11.95

## **Colchester Rock Oysters (GF)**

each ½ dozen £3.95

£22.95

£33.95

### The Stablehand's Warm Autumnal Salad (VG, GF)

Squash, beetroot, broccoli, cauliflower & spinach, served with seasonal dressing Small £9.95 / Large £13.95

#### Free Range Chicken Autumnal Salad (GF)

Squash, beetroot, broccoli, cauliflower & spinach, served with seasonal dressing Small £12.95 / Large £17.95

#### **Deep Fried Crumbed Sussex Brie (V)**

Seasonal red berry sauce £10.95

#### **Ham Hock & Parsley Terrine**

Caramelised onions & 'Rockstar' bloomer bread £9.95

#### Soup of the Day (VG, GF)

Please ask the server £8.95

#### **Mains**

#### **Poached Salmon**

Fresh from Billingsgate fish market. Mashed potatoes & white wine cream sauce £22.95

#### Fish & Chips

Beer battered Atlantic cod, mushy peas & tartare sauce £18.95

#### **Bangers & Mash**

Cumberland pork sausages, mashed potatoes & onion gravy £18.95

### **Slow Roasted Lamb Shoulder**

*Mashed potatoes & onion gravy* £22.95

## **Charred Grass-Fed 10oz Scottish Ribeye**

Aged 28 days, chips & watercress £31.95 Add blue cheese sauce +£2.95

#### **Bubble & Squeak (V)**

Maris Piper mashed potato, buttered cabbage, soft egg & vegetable gravy £17.95 Vegan option available

## **Sunday Roast**

Roast beef, chicken or roasted pork belly served with roast potatoes, Yorkshire pudding, seasonal vegetables & gravy Nut Roast also available £24.95 (Only available on Sundays)

## **Home-made Stablehand Pies**

£18.95 each

Steak & Kidney Pie Fish Pie Chicken, Mushroom & Leek Pie Served with the seasonal veg of the day

#### **Sides**

£4.95

Seasonal Veg of the Day (V) Thick Cut British Chips **Mashed Potatoes** Green Salad with House Dressing (V)

### **Desserts**

#### **Bread & Butter Pudding (V)**

Vanilla ice cream & custard £8.95

#### **Eton Mess (V)**

Seasonal fruit £7.95

#### **Bramley Apple Crumble (V)**

Vanilla ice cream £8.50

#### **Spiced Plum Tart (V)**

Whipped cream £8.50

#### Sticky Toffee Pudding (V)

Vanilla ice cream & caramel sauce £8.50

#### Selection of Ice Creams (V)

1 scoop £2.75 / 3 scoops £7.95

(V) Vegetarian. (VG) Vegan. (GF) Gluten-free. Please always inform your server of any allergies or intolerances before placing your order. Not all ingredients are listed on the menu and we cannot guarantee the total absence of allergens. All of our dishes may contain traces of nuts. Detailed information on the fourteen legal allergens is available on request, however we are unable to provide information on other allergens.

The Stablehand sources its ingredients from British farmers and suppliers. From time to time, items may have to be substituted from a different region than such stated on the